

# Rotary

## Club of Louisville



## Walt's Words of Wisdom



Hello Rotarians!

This week our program turns to the topic of healthcare and its importance to our community. In 1900, 30% of all deaths occurred among children aged less than 5 years of age. By 1997, that percentage was only 1.4%. In 1900, the three leading causes of death were pneumonia, tuberculosis, and diarrhea and enteritis, which (together with diphtheria) caused one third of all deaths. Those figures have changed dramatically with modern medicine, but we have our own challenges. Whether it is COVID, cancer, obesity, heart disease, substance abuse or violence to name a few. To live out our motto of "Service Above Self" we need to take care of ourselves first.

Which brings me to Walt's Words of Wisdom – Health edition:

***"Healthy citizens are the greatest asset any country can have."*** – Winston Churchill

***"Health is the greatest gift, contentment the greatest wealth, faithfulness the best relationship."*** – Buddha

***"Early to bed and early to rise makes a man healthy, wealthy, and wise."*** - Benjamin Franklin

***"Those who do not find time for exercise will have to find time for illness."*** – Edward Smith Stanley

***"A good laugh and a long sleep are the best cures in the doctor's book."*** – Irish proverb

As you may have noticed, we have experimented with not having announcements from the lectern but on take-aways at every table. You told us that more time for networking is more important, and we agree. So, grab the sheet, sit a spell and jabber away! Which is why you should continue to read the entire SPARKS – maybe there will be a quiz and a giveaway for those who get to the bottom!

See you tomorrow.

Life is good!

Walt

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## Tomorrow's Meeting: Tammy York Day at Savor

Tomorrow's meeting at Savor at River House will feature **Tammy York Day, President and CEO at CEO<sup>c</sup>** (formerly the Louisville Healthcare CEO Council. Her topic will be: "**Healthcare Workforce's Importance To Louisville's Economic Future**")

We are sold out of the Shrimp & Grits but still have a couple of salads with grilled chicken available - email [rotary@rotary45.org](mailto:rotary@rotary45.org) to purchase. Dessert and tea/coffee will be provided to all attendees; if you did not purchase a



meal, please make a \$5 donation to cover the \$5 per person that Savor charges us for this.

Click [Read More](#) for the speaker bio.

[Read More](#)

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## Business Synergy Event with Louisville Paving - January 25th

Rotarian **Matt Riggle** is hosting our next Business Synergy event on January 25th from 5:30-7:30pm at Louisville Paving & Construction, 15415 Shelbyville Rd. This informal networking event will include a facility tour, light appetizers and a bartender serving wine/beer. There will be a door prize giveaway: LPC branded bourbon bottle and glasses.

Register for this free Business Synergy event [HERE](#). Note there is a limit of 40 attendees for this event so don't delay.



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January 26th Meeting: Gregory Leeson, The Life Chronicler, at



Our January 26th meeting at Savor at River House will feature **Gregory Leeson**, author, podcaster, speaker, TED Talk nominee and founder of [The Life Chronicler Project](#). His talk is titled "**Ordinary People, Extraordinary Lives**".

Do we all live extraordinary lives? In today's very divided world, if we paused for a moment to learn about the lives of others, what would be the implications? Would we learn that we have so much more in common than that which is different? Hear from Gregory Leeson about his continent-spanning research that's taken him to 53 cities, 39 states, D.C. and eight provinces over 14 months.

The menu will be Tortellini Primavera, and a vegan veggie plate is available upon advance request. A salad with chicken option is also available if you register by noon on January 23rd.

Dessert and tea/coffee will be provided to all attendees; if you are not purchasing a meal, please make a \$5 donation to cover the \$5 per person that Savor charges us for this.

RSVP HERE: <https://www.surveymonkey.com/r/RCL012623>

For the speaker bio click here: [Read More](#)

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## February 2nd: Mayor's State of the City Address at Americana World Community Center



On February 2nd we will host the first "State of the City Address" by Mayor Craig Greenberg at the Americana World Community Center at 4801 Southside Dr. Stay tuned for more details soon.

Boxed lunches provided by Bristol Catering are available for purchase for \$25, or you can pay \$5 to attend without eating.

RSVP HERE: <https://www.surveymonkey.com/r/RCLSOTC2023>

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## Meeting Recap - Bill Stone

Today's meeting was full of important financial insights and tips from Rotarian **Bill Stone**. Membership Co-Chair **Jay Mallory** also formally introduced / inducted new members **Chris Davis**, **Aaron Miller**, and returning member **David Graves**.

If you attended the meeting please, please share your feedback:  
<https://www.surveymonkey.com/r/RCLSurvey01122023>



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## Note from Delene

I appreciate each of you who take time to complete the after-meeting survey. I continue to get questions that I cannot address directly because an individual chooses not to share a name. We are Rotarians; I hope that each of you feel comfortable reaching out directly to me if you have a concern or question, and I would appreciate the opportunity to address or gather more information if needed. I realize I can't please everyone, but I really do try!

For those who have requested more networking time at the tables...that is what we hoped to accomplish with the announcements being printed and placed at your seat rather than read from the podium. While that wasn't the outcome the past two weeks, the plan tomorrow is to allow about 5 minutes right after guest introductions for you to meet those at your table.

Regarding the technical issues with the slide presentations - this has been addressed repeatedly with Savor staff. Kevin McCarron and I have worked with their tech person and their equipment vendor to identify the issue. We have tested different laptops, different operating systems, different HDMI cords and wireless connections. The issue is sporadic but only happens at Savor. Know that it is not due to lack of effort that it continues unresolved.

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## Rotarian in the Spotlight: VP Barbara Sexton Smith

VP **Barbara Sexton Smith** was honored recently by Alpha Phi Alpha Fraternity with the Lyman T. Johnson Torchbearer Award at the Annual HOPE Breakfast.





## Rotarians in the Spotlight

Wow - just look at all of the Rotarians in the ENCORE Class of 2023! [Encore Louisville](#) is Leadership Louisville Center's program for experienced leaders who have spent decades of their careers in leadership roles, and want to give back to the community. Participants pool their expertise to help nonprofits manage critical strategic issues. In this way, our community's star talent continues to engage in high-impact civic leadership. Classes have significantly impacted over 110 local nonprofits. Thank you to Rotarians **J-R Curtin, Sandra Dodge, Joan**

Hannant, Steve Rungwerth, Ginger Wallace and Kevin Wardell for your continued service to and investment in our community.



## Volunteers Needed: Mentors & Workshop Presenters for Entrepreneurs

By Thom Crimans

Our Club is partnering with the Louisville Central Community Center and SCORE of Louisville to provide business education and mentoring to increase minority-owned business in Louisville. We need volunteers to mentor and present workshops and or be subject matter experts. You don't have to be Peter Drucker, Steve Covey or Mary Barra. If you enjoy coaching and mentoring others and have some experience in the world of business, check this out! Whether your experience is in a for-profit or not-for-profit, you have transferable business skills that are valuable to any organization.

Please join us IMMEDIATELY AFTER OUR MEETING TOMORROW to learn more about what is involved and how you could fit in. If you can't attend, please contact me (502-767-8723) or Sharon Riehemann (941-586-5806) for details.

## 2023 Rotary Honors Scholars Mentoring Schedule

By Craig Mooney

Please consider volunteering some of your time and expertise to support our signature service project - mentoring Rotary Honors Scholars. No experience necessary! We need mentors for:



- Tuesday, January 24 from 8:15am - 9:15am at Western High School, 2501 Rockford Ln, Shively
- Friday, January 27 from 8:15am - 9:00am at Western High School Early College at JCTC Southwest Campus, 1000 Community College Dr, SOAR Room, Building A

The focus of the January session is to work with the students on the following:

1. We will start the session by practicing introducing ourselves with confidence
2. Review their KITES from session 3 (Knowledge, Interests, Talents, Experience and Strengths)
3. We will discuss the summer works program
4. We will help the students create their own resume
5. We will work with the students to create an elevator speech

This is a fun session and it's a great opportunity for those that have not participated in the mentoring program yet to come out and give it a try. We always give new volunteers the opportunity to sit with an experienced mentor for the first session or two so that they can get a feel for how it works.

Click Read More below for future dates. Please contact [cmooney@bosseconstruction.com](mailto:cmooney@bosseconstruction.com) to volunteer or with questions.

[Read More](#)

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## Funds Needed for Ukraine Shipments

By Fred Cowan

Partnering for Peace - the collaboration between Rotary and the Peace Corps community - has completed the first phase of its initial project by collecting and shipping more than 200 pounds of winter clothing to Ukrainians in their war-ravaged country. We are planning to launch a second round of winter clothing provisions but we will need to raise some dollars for the air freight costs if we are to get clothing to Ukrainians in time to be helpful this winter. Financial donations may be made at this point to the **Rotary Fund of Louisville** with the check designation "Ukraine clothing shipment."

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## Re:Center Ministries Dinner

By Larry Sloan

Our monthly meal at Re:Center Ministries will return to the fourth Wednesday of the month this month -- January 25th at 5:30pm. Please join us to set up the meal at 5:00 PM.

Typically I bring the main hot meal of meat loaf, scalloped potatoes and steamed vegetables. Others supply the soft drinks, bread/rolls, salad and desserts of fruit pies.

The men we serve are going through the LifeChange program recovering from addiction. Those of us who do this regularly always feel like we get more out of it than the effort we put into it. Our club has supported this program with funds and volunteers since 2015. Please join us!

Below is a photo of the meal from December: Left to right, David Snyder, Rudy Moeller, Harry Stephenson and Ron Jones who is Jackie Jones' husband.



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## **Volunteers Needed: Iroquois HS INTERACT Blood Drive, Wednesday, February 8th**

By Linda Bartrom-Moore

Our Iroquois High School INTERACT Club is coordinating a Red Cross Blood Drive on Feb 8th from 7:30am-1:30pm in the gymnasium. We need volunteers and donors! Contact me at [lbartrom@hotmail.com](mailto:lbartrom@hotmail.com).





- CEO or senior leader in a company or non-profit
- Civic volunteer who chairs a Board or exceptional community endeavor
- Principal, owner, corporate officer or managing partner of a business concern
- Head of a congregation
- Retiree from a position of significant influence

We also offer a select number of Emerging Leader Memberships to individuals 42 or younger who hold an important position in their organization and demonstrate exceptional community leadership. And for organizations that wish to have multiple leaders join the Club, we offer a Corporate Membership; email [rotary@rotary45.org](mailto:rotary@rotary45.org) for more details.

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## Rotary Day at the Downs - May 3, 2023

Join on **Wednesday, May 3rd** for our annual Rotary Day at the Downs! This year we will be in the **brand new First Turn Club Dining** space, which has access to the rail for great viewing.



Tickets are \$140 per person and include admission, racing program, 4-hour Chef's Table Buffet, coffee, tea and soft drinks, and an OPEN BAR and fun prizes! We will participate in the trophy presentation for a race as well.

Parking has not been finalized but I believe that the free parking included this year will again be at the Kentucky Exposition Center, with continuous shuttles to/from the Paddock Gate at Churchill Downs. Onsite parking passes can be purchased separately once I have that info.

Purchase tickets at <https://www.surveymonkey.com/r/Churchill050323>. If you purchase a table of 10 before the end of January, you will have first choice.

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## Save the Date for Our Annual FUNdraiser

By Greg Braun

Are your calendars marked for this year's Rotary FUNdraiser event on March 27th? It will be a fun night as we honor Rotary's **Past, Present and Future**. We will be selling 111 Golden WALTO tickets! What's that, say you? Tickets will be sold up to the night of the event and one ticket will be pulled that evening. The winner can then select from our list of incredible trips around the world. Yes, I said around the world. The first two experiences are below. But hold on to your hats...in addition to trips, we have bourbon and dinners to give away, and lots of entertainment to keep you jumping. It all adds up to one heck of a night!

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## Rotary FUNdraiser WALTO Package #1: A Four Night Stay in Cortona Italy

By Greg Braun

Introducing a Rotary FUNdraising experience - a chance to win this Italian travel package.



Picture waking up in beautiful Cortona, Italy. You and a guest are strolling the quaint streets and neighboring villas. What to do today? Maybe check out the artisanal jewelry boutiques that pepper the towns. Or admire the beautiful classic architecture. Or maybe buy a piece of art. Or sit with a bottle of wine and chat with the townsfolk. Or maybe travel to another romantic town that litters the Tuscany Valley. Or go on a chocolate tasting experience at a local farm. That evening, visit a local restaurant, and enjoy farm fresh food and incredible wine. This trip can be yours if you have the selected golden WALTO ticket. There will be only 111 sold. The trip includes lodgings, one dinner for two, 4-night stay, a couple of fun tours and concierge service assistance in planning and booking. Air fare not included. As they say "Buona Fortuna, e acquista il tuo biglietto, Rotariano!" (Good luck and buy your ticket, Rotarian!)

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## Rotary FUNdraiser WALTO Package #2: A 2 Day/3 Night Stay In Romantic Savannah, Georgia

By Greg Braun



Ah, Savannah, Georgia. Home of Kenny Rogers, Forrest Gump, and the Lady Chablis. The oldest city in Georgia, with a downtown historic district holding 22 park squares, from the original design of the city.

Your weekend trip includes airfare and a 3-night stay at a Marriott, Hyatt or Hilton Savannah hotel. Once there, we have scheduled for you and your guest a horse-drawn carriage ride. For an evening, wander past the towering oaks, and the colonial mansions that line the beautiful streets. Known for its fine dining and secluded, mysterious taverns, Savannah offers romance and excitement at every turn. We also have lined up a tour of some of the rich culinary restaurants. You and a guest will visit six selected foodie haunts, which include some of Savannah's best known seafood spots, a celebrated honey store, a Scottish pub, a 1920's speakeasy and the oldest butcher shop in Savannah. Use the incredible Winspire concierge services in planning the rest of the



trip...we just gave you a little boost.

And don't forget to sit on your park bench and have a piece of chocolate or two.



This is just another of the incredible prizes you can select – if you have the winning **WALTO GOLDEN TICKET**. Just 111 tickets will be sold at \$111 each. The winner will be selected at the Rotary FUNdraiser on March 27<sup>th</sup> at Waterfront Botanical Gardens.

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## WANTED: Bourbon!

By Greg Braun

Hello Rotarians, I need some of your bourbon!

This year, the Rotary Super FUNdraiser will be on March 27<sup>th</sup>, 2023 at Waterfront Botanical Gardens.

We will be celebrating our past, present, and future at the Rotary FUNdraiser on March 27<sup>th</sup> at Waterfront Botanical Gardens. I promise a “super-tacular” night for you and your guest, We will be raising money for our local **Rotary Fund** and for the **Louisville Rotary Club** itself – to help recover from the Covid crunch. And one of the many fun things we will offer is a vast array of bourbon to the guests that night.

We need all types of Bourbon (unopened, naturally) and all sizes. Check those shelves for some dusty unopened bourbon and send it my way. You can bring it to a meeting, or I'm happy to come get it from you – you can call me at 502-817-8224 and I can pick it up. Any amount helps – and yes, we will provide a donation receipt for tax purposes.

So **reserve** the date - March 27<sup>th</sup> - and find a **reserve** bottle or two to donate to a great cause!

Thank you,

Greg Braun, Rotary 2023 FUNdraiser Chair

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## Rotary 2022-23 Speech Contest

By Karen Morrison

Each year our club hosts a speech contest open to all Louisville area high school students (private, public, independent and home taught). The winner will advance to the sectional competition followed by a regional competition. Finalists from each region in the district will compete at the annual Rotary District 6710 Conference to be held in Bowling Green, KY on May 12-13, 2023.

The contest offers students an opportunity to speak on a meaningful topic, to sharpen their speaking skills, and to gain recognition in addition to monetary rewards. By participating, they will learn about Rotary, our history, and our worldwide mission. Students will also have the potential of establishing a more meaningful relationship with members of our club.

The topic for this year's competition is **Imagine Rotary**.

Click here for more info and to download an entry form:

<https://louisvillerotary.org/speech-contest/>

## Rotary University - New Season

If you are new to Rotary and/or haven't completed these orientation sessions, or just want to join in the fun with some of our new members, please mark these dates on your calendar. We will meet IN PERSON following our regular lunch meetings on the dates below.

If you have joined in the last year but have not been formally introduced / inducted to the Club yet, please email [rotary@rotary45.org](mailto:rotary@rotary45.org) with some Thursday meeting dates that would work for you.

January 12	Session 1 - What is Rotary?
February 9	Session 2 - Committees
March 9	Session 3 - Rotary Honors Scholars
April 13	Session 4 - Service Projects
May 11	Session 5 - Rotary International
TBD	New Member Celebration / Mixer (location TBD)

Contact Chris Manzo for details [cmanzo@sndbx.design](mailto:cmanzo@sndbx.design)

## Events & Opportunities - The Woman's Club of Louisville

By Hal Lamberton

**What:** Dinner, Presentation & Bourbon Tastings

**Organization:** The Woman's Club of Louisville

**Event:** *Whiskey and War Stories*

**Date/Time:** February 4, 2023, 6:30-9pm

**Location:** The Woman's Club of Louisville, 1320 S. Fourth St.

**Description:** A unique presentation of actual war stories by one of America's first responders to Afghanistan following the 9/11 terrorist attacks. MSG (Ret) Scott Neil served in the U.S. Army Special Forces for 25 years, deploying around the world in efforts to combat foreign terrorists. Scott interweaves his war stories with tastings of Horse Soldier Bourbon, from American Freedom Distillery, which he co-founded in 2015. You'll want to stay for a Q&A period following the presentation, as well as an opportunity to meet with Scott and have bottles of Horse Soldier Bourbon personally signed for you.

**More information:** <https://wcl.ticketleap.com/whiskey-and-war-stories/>

**Member to contact:** Hal Lamberton or [manager@wclouisville.org](mailto:manager@wclouisville.org)



Note: This section features upcoming events and opportunities to serve with our nonprofit member organizations. Submissions must be from a member (or spouse/partner) of our Club who is either an employee or board member of the organization for which the event/opportunity is being shared. Click [HERE](#) to submit.

### Events

January 18th

[ROTARY Honors Scholars Mentoring Iroquois High School](#)

January 24th

[Rotary Honors Scholars Mentoring Western High School](#)

January 19th

[RCOL Weekly Club Meeting Speaker: Tammy York Day at Savor](#)

**Speaker:** Tammy York Day, CEO Council

**Subject:** Healthcare Workforce's Importance To Louisville's Economic Future"

January 25th

[Business Synergy event at Louisville Paving](#)  
**Speaker:** Business Synergy Networking

January 26th  
[RCoL Weekly Club Meeting Speaker: Gregory Leeson at Savor](#)  
**Speaker:** Gregory Leeson, The Life Chronicler Project  
**Subject:** <https://www.thelifechronicler.com/>

February 2nd  
[Mayor's State of the City Address](#)  
**Speaker:** Craig Greenburg  
**Subject:** State of the City Address

February 9th  
[RCoL Weekly Club Meeting Speaker: TBD](#)  
**Speaker:** TBD

February 15th  
[ROTARY Honors Scholars Mentoring Iroquois High School](#)

February 16th  
[RCoL Weekly Club Meeting Speaker: Dr. Kish Cumi Price at Savor](#)  
**Speaker:** Dr. Kish Cumi Price, Louisville Urban League

February 23rd  
[RCoL Weekly Club Meeting Speaker: TBD](#)  
**Speaker:** TBD

January 27th  
[ROTARY MENTORING Western Early College](#)

February 7th  
[Rotary Leadership Fellows Meeting - February](#)

February 9th  
[Rotary University Session 2: Committees](#)  
**Speaker:** Rotary U Led by Greg Braun  
**Subject:** Committees

















February 16th  
[International Service Committee Meeting](#)

February 21st  
[Business Synergy event w/Canopy at Independence Bank](#)  
**Speaker:** Business Synergy Networking w/Canopy

## Birthdays

	Alice Shade January 18th		William B. Bellis Sr. January 20th		Lawrence Williams January 20th		E. Phillip Scherer III January 21st
	Christopher A Manzo January 22nd		Richard Roth January 26th		Sandra Dodge January 27th		Kevin J McCarron January 28th
	Larry T. Sloan January 28th		William Andrew Holden January 28th		Carlos Hernandez Ocampo January 28th		Byron Riggs Lewis January 31st

## Club Leaders

	<a href="#">Walt Kunau</a> President		<a href="#">Kevin Lynch</a> President-Elect		<a href="#">Barbara Sexton Smith</a> Vice President		<a href="#">Kim Halbauer</a> Treasurer
	<a href="#">Jean West</a> iPast President		<a href="#">Lori Hudson Flanery</a> Secretary		<a href="#">Neville Blakemore</a> Club Director		<a href="#">Ashley Brauer</a> Club Director
	<a href="#">Cynthia Miles Brown</a> Club Director		<a href="#">Frederic J. Cowan</a> Club Director		<a href="#">Thom S. Crimans</a> Club Director		<a href="#">Kevin Fields</a> Club Director
	<a href="#">Paula Grisanti</a> Club Director		<a href="#">Charles D. Hartlage</a> Club Director		<a href="#">Jay Mallory</a> Club Director Membership Chair		<a href="#">William K. Burke</a> Rotary Foundation Chair
<a href="#">Steven A. Eggers</a> Service Projects	<a href="#">Kevin J McCarron</a> Public Image	<a href="#">Delene E Taylor</a> Club Executive	<a href="#">Michael Parker</a> Assistant District				





Chair



Chair  
Webmaster



Secretary  
Webmaster



Governor

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